# COVID-19 PROTOCAL

## **Laffalot Summer Camps**

As Ohio State Health Orders surrounding Covid-19 begin to be lifted, Laffalot Summer Camps, will also be opening up the stricter restrictions that have been in place the past year. We will continue following good hygiene practices that include cleaning hands often, sneezing/coughing into elbow, keeping hands away from the face, staying out of others personal space, and eating/drinking only personal drinks/lunches. Masks may be worn by any camper who chooses to do so, but they will not be mandatory at any time. While we will continue to be diligent in keeping our campers and staff in a safe environment, we are looking forward to a summer of playing, laughing and having fun!

Thanks in advance for your support and help in making all 2021 Laffalot Summer Camps a wonderful experience for all! Laffalot is committed to making that happen.

## Covid-19 - Test Positive or Close Contact to Positive Test

#### Covid-19 facts and How to Protect Yourself

- Covid -19 is a mild to severe respiratory illness that is caused by a corona virus that is highly contagious. It is transmitted chiefly by contact with infectious material (such as respiratory droplets), or objects /surfaces contaminated by the virus.
- Symptoms include <u>cough</u>, <u>shortness of breath or difficulty breathing</u>, <u>fever, chills</u>, <u>muscle pain</u>, <u>sore throat</u>, <u>loss of taste</u> <u>or smell</u>, <u>possible gastrointestinal problems including nausea, vomiting, diarrhea.</u>
- SOME WITH THE VIRUS ARE ASYMPTOMATIC. Meaning they have no symptoms.
- Older people, and people with underlying medical conditions such as heart and lung disease or diabetes seem to be higher risk.
- To protect yourself you should...
  - Wash hands often(soap for 20 seconds, or hand sanitizer that contains 60% alcohol)
  - Avoid close contact with anyone who is sick
  - Social distance with people outside your home
  - o Keep your hands off your face
  - Cover your mouth and nose with a cloth mask when around others
  - Cover when you cough or sneeze. Throw tissues in trash immediately and wash hands. Sneeze/cough into your elbow when a tissue is not available.
  - Clean commonly used surfaces frequently

### Contact/Sick with Covid-19

Directors, counselors, campers and those living in their household, must not be or have been sick with symptoms of
Covid-19 for 14 days prior to the first day of camp. Workers not in compliance may not attend camp for 14 days from
the time of their illness. Any Staff who has been in the immediate vicinity of someone with symptoms must quarantine
10 days if they have no symptoms, 7 days if no symptoms and test negative for Covid-19 after the 5<sup>th</sup> day. No quarantine
is needed if you are fully vaccinated and showing no symptoms.

- If a Director (or Counselor) tests positive for Covid-19 during camp, the local county health department will be contacted immediately. Laffalot will follow individual county guidelines on handling the situation. Camp may or may not be cancelled depending upon the county of jurisdiction.
- If made known to Laffalot that a Director (or Counselor) tests positive for Covid-19 within two weeks of the completion of working a camp, all in attendance of the camp and the location personnel will be notified. The local county health department will be notified.
- If a non-working Director (or Counselor) comes down with symptoms of Covid-19(fever, cough, sore throat, etc), they should immediately make Laffalot aware of the situation. They will not be eligible to work another camp until 14 days after the beginning of their symptoms. You may also wish to be tested for the virus and if positive report it to the local county health department.

## GENERAL GUIDELINES

- 1) All staff, campers, and any family members of staff or campers may not have had Covid-19 within 14 days of the beginning of camp. Those not in compliance may not participate in the camp.
- 2) A staff member may not come to camp if they are ill. This includes but is not limited to fever, cough, sore throat, shortness of breath or trouble breathing, loss of taste or smell, vomiting.
- 3) Parents must check campers daily for illness, and may not bring a camper to camp if they have any illness. This includes but is not limited to fever, cough, sore throat, shortness of breath or trouble breathing, loss of taste or smell, vomiting.
- 4) If a camper becomes ill during the day, they will be removed from the group and a parent will be contacted to pick the child up immediately. If they wish to return to camp before the end of the camp week they may be requested to get a doctor's note saying they can return.
- Staff members who become ill during the camp day will be sent home immediately, and may not return to that camp.
- 6) If a camper/director/counselor tests positive for Covid-19, please notify Laffalot Summer Camp. The local county health dept. will be contacted and mandates will be followed.
- 7) If a camper/director/counselor knowingly comes into direct contact with someone with a positive Covid-19 test, they should notify Laffalot Summer Camp, and the local county health dept. They may not return to camp until they have quarantined for 14 days, OR are symptom free for 10 days, OR are symptom free for 7 days and have tested negative on the 5<sup>th</sup> day. If they have been vaccinated and are symptom free they may return to camp.
- 8) If within 2 weeks after camp, a camper/director/counselor tests positive for Covid-19, please contact Laffalot Summer Camp so participants that were at that camp can be notified.
- 9) Face Coverings May be worn, but are not mandatory.
- 10) Programs will be run outside when possible.
- 11) Strict hand washing practices will be adhered to for all workers and campers. If washing with soap, the process should last at least 20 seconds. In cases where hand sanitizer is used, it should contain at least 60% alcohol. Camp workers and participants must wash hands after each game, before and after lunch, and when they leave the camp.
- 12) Lunchtime and Snack time campers must stay in their groups with their counselor. Sharing of food or drink is strictly prohibited. Campers should not be in one another's personal space.
- 13) Face Touching/Keeping hands to yourself remind campers often to keep their hands off their face, especially their mouth, nose, and eyes. Also, ask them to keep their hands in their own personal space (distance around body if arms are outreached) and to stay out of the space of others.
- 14) Equipment Should be wiped down at the end of each camp day.
- 15) No Spitting of any kind.
- 16) Required Accessories with name easily visible Each camper/director/counselor must have their own personal bag for personal items. For camp purposes "personal items" must include lunch, water bottle, and snack (if the camper is staying for aftercare).

## **CAMP PROCEEDURES**

#### Personal Hygiene

- > Clean Hands –Upon arrival, after each game, before and after lunch, when using the bathroom, at the end of camp.
- Personal Space Keep your personal space(both arms out). Do not get in others personal space. Keep your hands to yourself. This includes no fist bumps, high fives, hugs, etc.
- Cover when sneezing or coughing, preferably in the crease of their elbow.
- ➤ Keep hands off your face, to yourself, and in your own personal space.

#### Bathroom use

- > Campers must be escorted to the bathroom in groups of 3 (the counselor being one of the 3).
- Camper must wash hands.

#### Picking up from Camp

- Campers will be picked up at the outside location designated by the director/facility.
- Campers must wash their hands before leaving camp.

#### Equipment

Equipment used must be sanitized with wipes at the end of each camp day.

#### Lunchtime

- > Clean hands before and after lunch.
- Campers should stay with their counselor and stay in their own personal space.
- Campers may not share any food or drink.
- > Campers must clean up their own messes.

#### Laffalot Summer Camp 2021 Parent Guidelines/Acknowledgement

Dear Parents,

We are excited that your child will be joining us for camp and can't wait to see them on Monday.

With the Covid-19 virus (a highly contagious respiratory illness with symptoms including fever, coughing,, shortness of breath, muscle pain, sore throat, loss of taste and smell, and possible gastrointestinal problems) still in our midst, we feel compelled to continue stressing some precautions that can help in preventing the spread of the virus. Even though many state mandates have been lifted, we will continue to have some common sense procedures in place to help prevent Covid-19, as well as many other common illnesses. Thanks in advance for your cooperation in abiding by guidelines listed below.

Laffalot Summer Camp is committed to keeping all campers in as safe an environment as possible while giving them a fun camp experience. To accomplish this, we ask that you help us by following the simple guidelines listed below.

- 1. If a camper, or any member of their household, has had Covid-19 within 14 days of the beginning of camp, the camper may not attend camp.
- 2. Please do not bring your child to camp if they are sick. During camper drop-off a parent may be asked about the health of their camper. A sick child will not be permitted to camp.
- 3. If a camper becomes sick during the day, they will be separated from the other campers, and parents will be called. Campers must be picked up as soon as possible. Campers may need a doctor's note to be able to return to camp.
- 4. Campers must have a personal bag (backpack, duffel bag, etc) that stays with them throughout the day. The bag must contain their lunch, water bottle, snack (if they are in a camp that has aftercare until 4:00) and any other personal items they may need for the camp day. All items must be labeled with the camper's name easily visible.

In an effort to prevent the spread of Covid and other illnesses, Laffalot Summer Camp will institute the following.

- A. Groups will be no bigger than 9-10 campers per counselor, and siblings will be placed in the same group if requested.
- B. As much as possible, campers will be asked to stay out of each other's personal space. When needed staff members will remind campers to do this, however, our schedule does includes many different games, some of which require campers to come in close contact with other campers.
- C. Equipment used will be cleaned with Cloro x(or something similar) wipes daily.
- D. Hands will be cleaned after each game is played, before lunch, and as campers leave the camp.
- E. Campers will be reminded to keep their hands off their face, and to cover when they sneeze or cough, preferably by using the crease of their elbow.
- F. Campers will be reminded to keep their hands to themselves, and within their own personal space.

G. Questions? Feel free to call me, Pat Nymberg, at any time.	513-313-2076.
Thanks for helping us make Laffalot Summer Camp a fun, safe experience for everyone.	
I have read Laffalot Summer Camp Parent Guidelines and agree to follow the guidelines given. I acknowledge and fully understand that even though steps and procedures are in place to prevent the spread of Covid-19 there is still a risk of my child getting this virus. I release, waive, and discharge Laffalot Summer Camp, its agents, employees, contractors, and assigns from any liability related to COVID-19 which might occur as a result of my camper being at camp.	
I shall indemnify, defend and hold harmless Laffalot Summer Camp, demands, suits, judgments, losses or expenses of any nature whatson infection of COVID-19 or any other illness or injury.	it's agents, employees and contractors, from and against any and all claims ever, arising from or out of, or relating to, directly or indirectly, the
Childs Name	_
Parent Signature:	Date:

## **CAMPER RULES**

- 1. Always stay with your counselors, listen quietly when they are speaking, and follow their instructions.
- 2. Follow the rule of 3's (counselor and 2 campers, or camper and 2 counselors) for bathroom visits, water fountain, etc.
- 3. Campers must play all games as best they can.
- 4. Clean up after yourself at lunchtime.
- 5. Straighten games/gather equipment at the end of each activity.
- 6. Never make fun of other camper! Always support your teammates and help them when necessary.
- 7. Always show respect to counselors, directors, and other campers.
- 8. Keep your personal bag with you at all times.
- 9. Wash hands after bathroom visits, before lunch, and after lunch. Campers must have their own personal hand sanitizer.
- 10. Campers should cough and sneeze into their elbow, and should keep their hands off their face as much as possible.
- 11. Stay out of other's personal space.
- 12. HAVE FUN!!!!!!!!
- Also... Campers may wear masks if they choose, but masks are not mandatory.